

Talk Synopsis:

The "new normal", has brought families closer together as we WFH. With this came the challenges of "too close for comfort", which can put strain on family relationships.

Strengthening our relationships is key to keeping the family together during tough times. Join us for this session and discover how we can do just that with our loved ones.

Speaker Profile:



Michael Chua

Michael Chua has more than 18 years experience in the Human Services. He spent more than 11 years working with various community service organizations working with a wide range of clients. He joined the community services as a Rehab instructor and worked his way to become a Youth worker/ Counselor. Today he is an Associate who is engaged by Community Service organization and Training Consultancy companies. He provides consultancy, life coaching, development work and delivers training programs. He delivers talks, workshops, group work and training focusing on life-skills, family life education, personal effectiveness and work-life balance.