

S3-Pride

Regent Secondary School, Singapore

T1W1 (Updated 2 Jan 2024)

	0 7:45 - 8:00	1 8:00 - 8:35	2 8:35 - 9:10	3 9:10 - 9:45	4 9:45 - 10:20	5 10:20 - 10:55	6 10:55 - 11:30	7 11:30 - 12:05	8 12:05 - 12:40	9 12:40 - 13:15	10 13:15 - 13:50	11 13:50 - 14:25	12 14:25 - 15:00	15:00 - 17:30
Mon	ASM	4F1 EL Jillyan S / Melissa L / Liew YK / Vimala	RECESS	E MATH Fauzan		PE Michael K			Hall LUNCH	Clab 4-1 CPA Ridhwan / Low JH		S4,1G1/2 CL/ML (N/E) Shen Jian / Hap GL / Phang YK / Muslihuiddin / Yunus / Judith T		
Tue	ASM	CCT	RECESS	E MATH Fauzan	Clab 4-1 CPA Ridhwan / Low JH	LUNCH	SCI (P) PhyLab1 Aung MR / Rasidah		SS Sharanjeet	1G1/2,S4 CL/ML (N/E) Shen Jian / Hap GL / Phang YK / Muslihuiddin / Yunus / Judith T		SSUL		
							SCI (B) Elsie / Vanessa L							
							SCIENCE Aisha							
Wed	ASM	4F1 EL Jillyan S / Melissa L / Liew YK / Vimala	S1 NFS Sally S / Sarina	RECESS	E MATH Fauzan	LUNCH	EL (WB)	CCE						
Thu	ASM	CL Shen Jian / Hap GL / Phang YK / Tan KY / Judith T	RECESS	PhyLab1 SCI (P) Aung MR / Rasidah	NFS Sally S / Lydia Li			4F1 EL Jillyan S / Melissa L / Liew YK / Vimala	LUNCH	BioLab2 SCI (C) Elsie / Joan Lim / Vanessa L		SSUL		
		S4,1G1/2 ML Dian / Aishah Jezi / Yunus / Muslihuiddin			SCI (B) Elsie / Vanessa L	NFS 2								
		GPEL Jillyan Siow								GPMA Teo HS	GPMA Teo HS			
Fri	ASM	CL Shen Jian / Hap GL / Phang YK / Tan KY / Judith T	E MATH Fauzan	RECESS	BioLab2 SCI (C) Elsie / Joan Lim / Vanessa L		4F1 EL Jillyan S / Melissa L / Liew YK / Vimala							
		S4,1G1/2 ML Dian / Aishah Jezi / Yunus / Muslihuiddin			SCIENCE Aisha									

S3-Respect

Regent Secondary School, Singapore

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Mon	ASM	4F1 EL Jillyan S / Melissa L Liew YK / Vimala	GPGA	GPEL Melissa Lim	E MATH Mark CK / Teo HS / Karen L	RECESS	S2	Sally H ART_N Art 1	SS ELE C Kesavan / Janaki Joshua L	LUNCH	S4,1G1/2 CL/ML (N/E) Shen Jian / Hap GL / Phang YK Muslihuiddin / Yunus / Judith T			
								Samsiyah D&T_N DT 1						
		Sarina NFS_N S1												
		POA_N/E Sebastian S / Shawn H												
Tue	ASM	CCT	Hall	PE Melvin K	RECESS	SS ELEC Kesavan / Janaki / Joshua L	Clab 2-1, Clab 4-2	PhyLab1 SCI (P) Aung MR / Rasidah	LUNCH	1G1/2, S4 CL/ML (N/E) Shen Jian / Hap GL Phang YK Muslihuiddin / Yunus Judith T		SSUL		
								SCI (B) Elsie / Vanessa L						
Wed	ASM	4F1 EL Jillyan S / Melissa L / Liew YK Vimala	GPGA	RECESS	GEO ELEC ^{ALP} Zulkiflie / Zainab	LUNCH	S2	E MATH Mark CK / Teo HS / Karen L	CCE					
													HIST ELEC Sharanjeet / Liew YK	
													LIT ELEC ^{4F1, S2} Jillyan S / Rachel L	
Thu	ASM	CL Shen Jian / Hap GL / Phang YK / Tan KY / Judith T	RECESS	PhyLab1 SCI (P) Aung MR / Rasidah	ART_N Sally H Art 1	LUNCH	4F1	EL Jillyan S / Melissa L / Liew YK Vimala	LUNCH	BioLab2 SCI (C) Elsie / Joan Lim Vanessa L		SSUL		
													S4,1G1/2 ML Dian / Aishah Jezi / Yunus / Muslihuiddin	SCI (B) Elsie / Vanessa L
				POA_N/E Sebastian S / Shawn H										
Fri	ASM	CL Shen Jian / Hap GL Phang YK / Tan KY Judith T	RECESS	S2 ALP GEO ELEC Zulkiflie / Zainab	BioLab2	4F1	EL Jillyan S / Melissa L / Liew YK Vimala							
		S4,1G1/2 ML Dian / Aishah Jezi / Yunus Muslihuiddin										HIST ELEC Sharanjeet / Liew YK		
												S2,4F1 LIT ELEC Jillyan S / Rachel L		

S3-Integrity

Regent Secondary School, Singapore

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	0 7:45 - 8:00	1 8:00 - 8:35	2 8:35 - 9:10	3 9:10 - 9:45	4 9:45 - 10:20	5 10:20 - 10:55	6 10:55 - 11:30	7 11:30 - 12:05	8 12:05 - 12:40	9 12:40 - 13:15	10 13:15 - 13:50	11 13:50 - 14:25	12 14:25 - 15:00	15:00 - 17:30
Mon	ASM	E MATH Su RY		SS ELE C Janaki / Bernice L	3E3 GPMA Lily Kor (FAJT)	3E3 GPEL Rachel Lau	RECESS	SCI (C) Aisha	EL Rachel L		LUNCH	S4,1G1/2 CL/ML (N/E) Shen Jian / Hap GL / Phang YK Muslihuddin / Yunus / Judith T		
					POA_E Shawn H									
Tue	ASM	CCT	A MATH Su RY		RECESS	SCI (C) Aisha		3E3 GPMA Lily Kor (FAJT)	PhyLab1 SCI (P) Aung MR / Rasidah	LUNCH	1G1/2,S4 CL/ML (N/E) Shen Jian / Hap GL Phang YK Muslihuddin / Yunus Judith T		SSUL	
								POA_E Shawn Hong	SCI (B) Elsie / Vanessa L					
Wed	ASM	EL Rachel L		A MATH Su RY	RECESS	GEO ELEC ^{ALP} Zulkiflie / Zainab		LUNCH	E MATH Su RY		CCE			
						HIST ELEC Sharanjeet / Liew YK								
						LIT ELEC ^{4F1,S2} Jillyan S / Rachel L								
Thu	ASM	CL Shen Jian / Hap GL / Phang YK / Tan KY / Judith T		RECESS	PhyLab1 SCI (P) Aung MR / Rasidah	EL Rachel L		LUNCH	SS ELEC Janaki / Bernice L		ISH PE Pek YS		SSUL	
		S4,1G1/2 ML Dian / Aishah Jezi / Yunus / Muslihuddin			SCI (B) Elsie / Vanessa L									
Fri	ASM	CL Shen Jian / Hap GL Phang YK / Tan KY Judith T		RECESS	E MATH Su RY	ALP GEO ELEC Zulkiflie / Zainab	A MATH Su RY		3E3 GPEL Rachel Lau	3E3 GPMA Lily Kor (FAJT)	POA_E Shawn H			
		S4,1G1/2 ML Dian / Aishah Jezi / Yunus Muslihuddin				HIST ELEC Sharanjeet / Liew YK								
						S2,4F1 LIT ELEC Jillyan S / Rachel L								

S3-Determination

Regent Secondary School, Singapore

T1W1 (Updated 2 Jan 2024)

	0 7:45 - 8:00	1 8:00 - 8:35	2 8:35 - 9:10	3 9:10 - 9:45	4 9:45 - 10:20	5 10:20 - 10:55	6 10:55 - 11:30	7 11:30 - 12:05	8 12:05 - 12:40	9 12:40 - 13:15	10 13:15 - 13:50	11 13:50 - 14:25	12 14:25 - 15:00	15:00 - 17:30						
Mon	ASM	EL	4F1 Suhaimi ART_E Art 1	S2 E MATH	RECESS	A MATH	SS ELE C	LUNCH	S4,1G1/2 CL/ML (N/E)	Shen Jian / Hap GL / Phang YK Muslihuiddin / Yunus / Judith T	Jillyan S / Melissa L Liew YK / Vimala	GPEL S2 Tong WH	GPEL S2 Faith Ong	POA_N Shawn H	Mark CK / Teo HS / Karen L	Mark CK	ALP GPEL	ALP GPEL	Kesavan / Janaki Joshua L	
			Samsiyah D&T_E DT 2																	
			Lydia Li NFS_E S1																	
			GPMAS2 Tong WH																	
Tue	ASM	CCT	Suhaimi ART_E Art 1	RECESS	Clab 2-1,Clab 4-2 SS ELEC	PhyLab1 SCI (P)	LUNCH	1G1/2,S4 CL/ML (N/E)	A MATH	Shen Jian / Hap GL Phang YK Muslihuiddin / Yunus Judith T	Jillyan S / Melissa L Liew YK / Vimala	GPEL S2 Faith Ong	GPMAS2 Tong WH	GPMAS2 Tong WH	POA_N Shawn H	NFS 1,Clab 4-2	Aung MR / Rasidah	Elsie / Vanessa L	Julie Tan	SSUL
			Samsiyah D&T_E DT 2																	
			Lydia Li NFS_E																	
			GPEL S2 Faith Ong																	
Wed	ASM	EL	4F1	RECESS	A MATH	GEO ELEC ALP Zulkiflie / Zainab	LUNCH	S2 E MATH	CCE	Jillyan S / Melissa L / Liew YK Vimala	GPEL Lee WC	HIST ELEC Sharanjeet / Liew YK	LIT ELEC 4F1,S2 Jillyan S / Rachel L	PhyLab1 SCI (P)	Aung MR / Rasidah	PE	PhyLab2 SCI (C)	Jillyan S / Melissa L / Liew YK Vimala	A MATH	SSUL
			Mark CK																	
			ALP																	
			ALP																	
Thu	ASM	CL Shen Jian / Hap GL / Phang YK / Tan KY / Judith T	S4,1G1/2 ML Dian / Aishah Jezi / Yunus / Muslihuiddin	RECESS	PhyLab1 SCI (P)	ISH	4F1 E MATH	LUNCH	BioLab2 SCI (C)	A MATH	Jillyan S / Melissa L / Liew YK Vimala	GPEL Lee WC	LIT ELEC 4F1,S2 Jillyan S / Rachel L	Aung MR / Rasidah	PE	PhyLab2 SCI (C)	Jillyan S / Melissa L / Liew YK Vimala	A MATH	SSUL	
																				Mark CK
Fri	ASM	CL Shen Jian / Hap GL / Phang YK / Tan KY Judith T	S4,1G1/2 ML Dian / Aishah Jezi / Yunus Muslihuiddin	RECESS	S2 E MATH	BioLab2	4F1 E MATH	LUNCH	BioLab2 SCI (C)	A MATH	Jillyan S / Melissa L / Liew YK Vimala	GPEL Lee WC	LIT ELEC 4F1,S2 Jillyan S / Rachel L	Aung MR / Rasidah	PE	PhyLab2 SCI (C)	Jillyan S / Melissa L / Liew YK Vimala	A MATH	SSUL	
																				Mark CK

S3-Empathy

Regent Secondary School, Singapore

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Mon	ASM	SCI (P) <small>Rasidah</small>	EL Sharanjeet / Vernice	1E2	RECESS	E MATH Lily Kor / Andy L	ALP	ART_N Art 1 <small>Sally H</small>	LUNCH	SCI (C) Elsie / Tham MH	S4,1G1/2	CL/ML (N/E) Shen Jian / Hap GL / Phang YK Muslihuddin / Yunus / Judith T		
		D&T_N DT 1 <small>Samsiyah</small>												
		NFS_N S1 <small>Sarina</small>												
		POA_N/E <small>Sebastian S / Shawn H</small>												
Tue	ASM	CCT	EL Sharanjeet / Vernice	1E2	E MATH Lily Kor / Andy L	RECESS	SCI (C) Elsie / Tham MH	LUNCH	GEO ELEC <small>Kesavan</small>	HIST ELEC <small>Liew YK</small>	1G1/2,S4	CL/ML (N/E) <small>Shen Jian / Hap GL Phang YK Muslihuddin / Yunus Judith T</small>	SSUL	
Wed	ASM	E MATH Lily Kor / Andy L	ALP	Hall	PE Isaac J	RECESS	EL Sharanjeet / Vernice	1E2	LUNCH	CCE				
Thu	ASM	CL <small>Shen Jian / Hap GL / Phang YK / Tan KY / Judith T</small>	EL Sharanjeet / Vernice	RECESS	ART_N Art 1 <small>Sally H</small>	D&T_N DT 1 <small>Samsiyah</small>	NFS_N S1,NFS 1 <small>Sarina</small>	POA_N/E <small>Sebastian S / Shawn H</small>	LUNCH	SS ELEC Kesavan	Clab 4-2			
		S4,1G1/2												
		ML <small>Dian / Aishah Jezi / Yunus / Muslihuddin</small>												
Fri	ASM	CL <small>Shen Jian / Hap GL / Phang YK / Tan KY / Judith T</small>	RECESS	GEO ELEC <small>Kesavan</small>	SS ELE C Kesavan	E MATH Lily Kor / Andy L	ALP	SCI (P) <small>Rasidah</small>	SCI (B) <small>Ridhwan</small>					
		S4,1G1/2												
		ML <small>Dian / Aishah Jezi / Yunus / Muslihuddin</small>		HIST ELEC <small>Liew YK</small>										

S3-Gratitude

Regent Secondary School, Singapore

T1W1 (Updated 2 Jan 2024)

	0 7:45 - 8:00	1 8:00 - 8:35	2 8:35 - 9:10	3 9:10 - 9:45	4 9:45 - 10:20	5 10:20 - 10:55	6 10:55 - 11:30	7 11:30 - 12:05	8 12:05 - 12:40	9 12:40 - 13:15	10 13:15 - 13:50	11 13:50 - 14:25	12 14:25 - 15:00	15:00 - 17:30
Mon	ASM	GEO ELEC Zulkiflie	ART_E Art 1 Suhaimi		RECESS	EL	1F4		POA_N/E Sebastian S / Shawn H		LUNCH	E MATH S4	S4,1G1/2	
		HIST ELEC Sharanjeet	D&T_E DT 2 Samsiyah				A MATH Adeline G		Shen Jian / Hap GL / Phang YK / Muslihuiddin / Yunus / Judith T					
		LIT ELEC Rachel L	NFS_E S1 Lydia Li				GPEL Hidayah	GPMA Andy L		Adeline G / Andy L				
			GPMA S2 Tong WH	GPEL S2 Faith Ong			Hidayah / Melissa L							
Tue	ASM	CCT	ART_E Art 1 Suhaimi		RECESS	EL	GEO ELEC Zulkiflie		LUNCH	1F4		CL/ML (N/E) S4	SSUL	
			D&T_E DT 2 Samsiyah				HIST ELEC Sharanjeet			Shen Jian / Hap GL / Phang YK / Muslihuiddin / Yunus / Judith T				
			NFS_E Lydia Li				LIT ELEC 1F4 Rachel L				Hidayah / Melissa L			
			GPEL S2 Faith Ong	GPMA S2 Tong WH			GPMA S2 Tong WH							
Wed	ASM	SCI (P) Aung MR (UT)	RECESS	1F4		Netball		LUNCH	SCI (C)	CCE				
		SCI (B) Koh HM		EL Hidayah / Melissa L		PE Michael K				Aisha / Aung MR				
Thu	ASM	CL Shen Jian / Hap GL / Phang YK / Tan KY / Judith T		RECESS	SS ELE C	POA_N/E Sebastian S / Shawn H			LUNCH	SCI (C)	S4		SSUL	
		S4,1G1/2				A MATH Adeline G					E MATH			
		ML Dian / Aishah Jezi / Yunus / Muslihuiddin				GPMA Andy L					GPMA Andy L	Aisha / Aung MR		Adeline G / Andy L
Fri	ASM	CL Shen Jian / Hap GL / Phang YK / Tan KY / Judith T	RECESS	1F4		SCI (P) Aung MR		S4		E MATH				
		S4,1G1/2		SS ELEC Janaki / Bernice L		SCI (B) Koh HM		Adeline G / Andy L						
		ML Dian / Aishah Jezi / Yunus / Muslihuiddin												

S3-Honour

Regent Secondary School, Singapore

T1W1 (Updated 2 Jan 2024)

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Mon	ASM	GEO ELEC <small>Zulkiflie</small>	RECESS	E MATH Tong WH		EL Jillyan S		LUNCH	CHEM <small>Tham MH</small>	PHY <small>BioLab1</small> Fauzan	BIO <small>BioLab2</small> Joan Lim	CL/ML (N/E) S4,1G1/2 Shen Jian / Hap GL / Phang YK / Muslihuiddin / Yunus / Judith T				
		1F4 LIT ELEC <small>Rachel L</small>							SCI (P) Fauzan						POA_E Sebastian S	
Tue	ASM	CCT	CHEM <small>Tham MH</small>	RECESS	EL Jillyan S		GEO ELEC <small>Zulkiflie</small>		LUNCH	PHY <small>BioLab1</small> Fauzan	BIO <small>BioLab2</small> Joan Lim	1G1/2,S4 CL/ML (N/E)	SSUL			
			SCI (C) <small>Chew HC</small>												LIT ELEC <small>1F4</small> Rachel L	POA_E Sebastian S
Wed	ASM	CHEM <small>Tham MH</small>	SS ELEC Joshua L	RECESS	E MATH Tong WH	A MATH Tong WH	LUNCH	EL Jillyan Siow	CCE							
		SCI (P) Fauzan														
Thu	ASM	CL <small>Shen Jian / Hap GL / Phang YK / Tan KY / Judith T</small>	EL Jillyan Siow	A MATH Tong WH	RECESS	E MATH Tong WH	CHEM <small>Tham MH</small>		LUNCH	BIO <small>BioLab2</small> Joan Lim	SSUL					
		S4,1G1/2 ML <small>Dian / Aishah Jezi / Yunus / Muslihuiddin</small>												SCI (C) Chew HC	POA_E Sebastian S	
Fri	ASM	CL <small>Shen Jian / Hap GL / Phang YK / Tan KY / Judith T</small>	RECESS	SS ELE C Joshua Lim	A MATH Tong WH	Netball			PE Pek YS							
		S4,1G1/2 ML <small>Dian / Aishah Jezi / Yunus / Muslihuiddin</small>														